Discussion with Student Health Services (SHS) and Counseling & Psychological Services (CAPS)

Beginning with fiscal year 2019, SHS and CAPS programs are no longer part of the Student Fees process. Their fees and budgets will be a part of the tuition recommendation process (much like the building fee and matriculation fee). The representatives provided informal presentations about their operations, service costs for the coming year, potential new initiatives of interest and how all of this translates into a fee proposal.

The peer-to-peer presentations generated questions from the SBAC membership. Rishi, Ryan and Sean, all knowledgeable about their organizations, were able to respond concisely and referred to their directors as needed. The two advisory boards (SHS & CAPS) enlist students who are interested in the health field/services. The goal is to ensure the services provided are in line with student’s wishes and provides an opportunity for students to network around issues of shared importance.

Counseling & Psychological Services (CAPS) presentation recap

- CAPS provides mental health services, couples counseling, therapy sessions for managing anxiety and depression, online resources available for easy access. Service capacity is not presently able to meet the demand.
  - 45% increase overall for services
  - 30% increase just this fall term when compared to last year
  - (120 student waitlist)
  - Biggest concern: national increase in the number of college student suicides
  - Outreach efforts underway with international students and students of color (current location is a challenge-Snell Hall)
  - Need to advocate for staffing increases to meet demand
  - Trying to increase the diversity of professional staff to engage with communities of color and international student population
  - Annual Budget: $3.2 million (80-90% is salary and other payroll expenses (OPE)); high fund balance of $1.7 million, needs to be closer to $800 thousand (20% of fund balance).

Student Health Services (SHS) presentation recap

- SHS is a full-service health provider. They provide health prevention services and administer student purchased health insurance. All students are eligible for services offered by SHS. Student Health Centers are located in Tebeau Hall, Plageman Hall and Dixon Recreation Center.
  - Health Insurance Program: Aetna policy underwriter; 3,300 undergraduate students participating; $1,700/annually ($550/term)
  - FY2011 through FY2014: Required by Student Fee Committee to cut fee 13%, due to large fund balance – deficit spending required spend down of fund balance
  - Funds on hand are needed for such occurrences as the FY2017 Meningococcal B outbreak ($500k)
SHS requesting FY2019 Fee Rate of $115.35 (2%-3% inflationary increase) with CAPS total fee $153.00/term. Comparison: $191/term at University of Oregon with $15 co-pay for office visits. OSU does not charge a co-pay for office visits at this time.

Current challenges to SHS & CAPS forward movement

- HIPAA barrier is huge; HIPAA insurance is expensive
- Legal and risk issues
- Cost implications
- Internal decisions

SHS & CAPS Presentation Debrief

- Did you get enough information from the SHS and CAPS presentation? (Sherm)
- What is the on-campus capacity for OSU-Corvallis?
  - Current: 25k students; Capacity: 28k students
- What is the demand for high school graduates?
  - WICHE numbers [https://www.wiche.edu/wiche-region/or](https://www.wiche.edu/wiche-region/or)
  - Oregon is projected to produce 36,500 high school graduates per year, on average, between school years 2012 and 2032. The number of high school graduates in Oregon will increase by only about 3% by 2026 and then decline about 7% by 2032.
- How is OSU being affected by Oregon Promise?
  - Oregon Promise had over 6,800 students pursuing community college with the support of the grant. However, due to limited funding ($40M which is $8M short of supporting everyone) eligibility criteria has changed for future students.
  - Eligibility limitations using income-based criteria will be enforced to keep within the $40M budget. However, this will not apply to the first students who received the grant in 2016-17.
- What will be the cost to OSU if Measure 101 passes?
  - OSU will be required to pay tax on health insurance benefits we provide; If overturned, impact may be state allocation to OSU may be less.